

Programme	ADP Home Economics	Course Code	HEIE-205	Credit Hours	2(2+0)
Course Title	HOME MANAGEMENT AND HOUSING				
Course Introduction					
This course introduces students to the principles of managing household resources and planning suitable living spaces. It focuses on budgeting, resource management, and understanding financial, environmental, and social factors that shape family life. Students will also explore sustainable housing solutions, furniture selection, and the use of household equipment. The knowledge gained will help prepare them for careers in education, community development, housing consultancy, and home resource management.					
Learning Outcomes					
By the end of this course, students will be able to:					
<ol style="list-style-type: none"> 1. Understand financial, environmental, and social factors affecting home management. 2. Apply budgeting and resource management strategies for efficient household operations. 3. Evaluate sustainable housing solutions for diverse family needs. 					
Course Content			Assignments/Readings		
Week 1	Introduction to Housing and home management definition Importance of housing, review of housing needs. (Maslow's Basic human needs)		Reading: Fundamentals of Planning and Design of Housing Page no 2 to Page no 9 Page no 25 to page no 39		
Week 2	Review of Housing Conditions in Pakistan		Reading: Fundamentals of Planning and Design of Housing Chapter no 2 Page no 55 to Page no 65		
Week 3	Rural and Urban Areas		Reading: Fundamentals of Planning and Design of Housing Page no 40 to page no 52		
Week 4	Review of Building Materials: Woods, Masonry		Reading: Fundamentals of Planning and Design of Housing Page no 86 to page no 90		
Week 5	Review of Building Materials: concrete, metal, glass, plastic		Reading: Fundamentals of Planning and Design of Housing page no 92 to page no 99, Preparation of Quiz of 10 marks of topics covered in Week2 and week 3		
Week 6	Comparison of Different building material		Reading: Fundamentals of Planning and Design of Housing page no 100 to page no 110		
Week 7	Furniture, Furnishings and Accessories Selection, care, arrangement, furniture trends		Reading: Fundamentals of Planning and Design of Housing Chapter 4 Page no 111 to page no 123		
Week 8	Sustainable Housing: Affordable and Environment-Friendly Solution		Reading: Fundamentals of Planning and Design of Housing Page no 157 to page no 167		
Week 9	Mid Term Exam				
Week 10	Cost effective, human and environment friendly material		Reading: Fundamentals of Planning and Design of Housing Chapter 3 Page		
			no 142 to page no 149		
Week 11	Budgeting and resource management strategies (Time tables)		Reading: Fundamental of Home economics Unit 2 Page 370		
Week 12	Electrical Appliances: Selection, Care maintenance		Reading: Unit 3 Home care and planning page no 268 to 288		
Week 13	Planning of the House: Primary considerations,		Reading: Fundamentals of Planning and Design of Housing , Page no 22 to page no 36		
Week 14	Principle of the house planning		Reading: Fundamentals of Planning and Design of Housing Page no 37 to page no 40		

Week 15	Functional Storage Utilization in Homes	Reading: Fundamentals of home economics unit 3, page no 306 to page no 311
Week 16	Functional Space Utilization in Homes	Reading: Fundamentals of home economics unit 3, page no 312 to page no 316
Week 17	Revision	
Week18	Final Term Exam	
Textbooks and Reading Material		
<ol style="list-style-type: none"> 1. Beerbohm, M. & Imao, D. (2020). Home Management: meaning, concept and needs (1st ed). 2. Carolyn L. Garrison, C.L. (1982). Modern Household Equipment. Prentice Hall College Div. 3. Luque. (2019). Affordable Housing Development (1st ed). 4. Nissen, L.; Faulkner, R.&Faulker, S. (1994) Inside Today's Home. Ted Buchholz. 5. Patricia Poplar Wilson, P.P. (1976). Household equipment: selection & management. Houghton Mifflin. 6. Ruiz, F. P. (2005). Building An Affordable House: A Smart Guide to High-Value, Low Cost Construction. Taunton. 7. Fundamental of planning and Design of House by Shashikant 2023 8. Fundamental of Home Economics , Jensen.Jensen.ziller 2016 		
Teaching Learning Strategies		
<p>Lecture-based learning through lectures and presentations. Technology-based learning -use of Multimedia etc. Group learning through group assignments and discussion.</p>		
Assignments: Types and Number with Calendar		
<p>Quiz (week 7): Building Materials Presentation (Week 10): Review sustainable housing projects in current scenario and plan affordable and Environment-Friendly Solution Assignment 1 (Week 12): Electrical Appliances: Selection, Care maintenance</p>		